



Chromosome 18 Europe

5th Family Conference, Glasgow
Doubletree Hilton Glasgow, June 22 – 24, 2018

CONFERENCE PROGRAMME

Friday

- 9.30 – 10.00 Introducing **Jonathan Rugman and Isabel Rushmer**: Sibs4Sibs – not just fun and games
- 10.00 – 10.45 **Clarissa Martin**, Consultant Clinical Psychologist (Specialist in Feeding Disorders). Clarissa will be available to speak to individuals during the day.
- 11.00 – 11.45 **Donna Tomlin**, Contact: how we work, support and bring families together– through our resources, helpline, events, working with support groups and campaigning.
- 11.45 – 12.30 **Tracey Francis**, Contact: **Preparing Parent Carers for Transition**

LUNCH together in the hotel

- 2.00 – 3.00 **Creative Therapies 3** sessions of Art Workshops for Self Advocates and Sibs : **All about ME!**
- 2.00 – 3.00 **Charlene Tait**, Director of Autism Practice and Research at Autism Scotland: **Practical Strategies to support Executive Functioning across the lifespan.**
- 3.30 – 5pm **Syndrome Breakout sessions**

DINNER at your own expense: lots of places to choose from on the doorstep ;-)

(check out discounts available through Groupon via **www.easyfundraising.com**: Chromosome 18 Europe gets a small donation, and you save money on local restaurants! There are several supermarkets close by too for in-room picnics)

Saturday

- Janet McLachlan**, Nordoff Robbins Music Therapy sessions for groups of SAs
- 9.00 – 9.45 **Kate Reynolds**: PUBERTY: when, what and how. Kate will speak early so that she will be available for individual advice throughout the day.
- 9.50 – 10.50 **Andrew Farquharson**, BetterMe Approach: Emotional Intelligence: the ability to identify and manage your own emotions and the emotions of others. This is a challenge for many children and adults affected by Ch 18 disorders. Andrew will go on to deliver workshops for groups of self advocates
- 11.00 – 12.30 **Dr Jannine Cody and Dr Dan Hale**, Chromosome 18 Research Centre, Texas: Research Update

LUNCH together in the hotel

- 2.00 – 2.45 **Prof. Richard Davison**: Chromosome 18 Europe Research Report
- 2.50 – 3.30 **Cheryl Donlan**, Fundraiser Chromosome 18: **Ways to Raise for Chromosome 18 Europe**
- 3.45 – 4.30 **Katharine Newman**, mum of Marianne: how to use the internet to find support in your area, not only in the UK. Bring your own laptop!
- Sara Jackson**, mum of Louis: the Treehouse at Number Nine

FREE TIME BEFORE SATURDAY EVENING DINNER AND DISCO

Sunday

- 8.45 – 9.15 AGM
- 9.25 – 9.50 **Marie McQuade**: Fundraising ideas for all, great and small
- 10.00 – 11.00 Self Advocates Panel of adults affected by Ch 18 disorders
- 11.15 – 12.00 Siblings Panel

LUNCH together in the hotel

- 1.30 – 3.00 Panel of Parents of Self Advocates

Conference Closes 3.15